

The World Allergy Training School (WATS)

13th August 2026 (08:30 – 17:00) LOCATION: CENTURY CITY CONFERENCE CENTRE, CAPE TOWN.			
LOCAL TIME	SESSION	SPEAKER	DURATION (Minutes)
08:00 – 08:30	Registration and Mingling; Coffee and Tea		
08:30 – 08:45	Welcome and Introductions	Wallace and Peter	10
Session 1: Chair TBD			
08:45 – 09:00	Lecture: Asthma	Stukus	15
09:30 – 10:00	Workshop: Inhalational extenders, technique of using asthma meds (MDIs, Spacers, DPI), Peak Flow meters, Asthma Action Plan	Stukus	30
Tea/Coffee Break 10:00 – 10:30			
Session 2: Chair TBD			
10:30 – 11:15	Lecture: Chronic Urticaria and Angioedema	Ng'ang'a	45
11:15 – 11:30	Workshop: Nasal Sprays and Sinus Irrigation	Ng'ang'a	15
11:30 – 12:15	Lecture: Anaphylaxis	Hossny	45
Lunch and Group Photo 12:15 – 13:00			
Session 3: Chair TBD			
13:00 – 13:45	Lecture: Atopic Dermatitis	Wallace	45
13:45 – 14:00	Workshop: Steroid Use, Emollients and Wet Wraps	Wallace	15
14:00 – 14:45	Lecture: Drug Allergy	Stukus	45
Coffee/Tea Break 14:45 – 15:00			

15:00 – 15:45	Lecture: Contact Dermatitis – pathophysiology, presentation and frequent cases	Hossny	45
15:45 – 16:30	Workshop: Patch Testing – agents to use, technique, reading	Wallace	30
16:30 – 17:00	Q&A; Possible fellow case presentations	Peter	30
17:00 WATS end			