



ALLSA

ALLERGY SOCIETY OF
SOUTH AFRICA

ANAPHYLAXIS EMERGENCY INSTRUCTIONS

NEEDLE AND SYRINGE

- YOUR DOSE IS.....
- Open syringe
- Attach Blue Needle
- Open Adrenaline
- Draw up Adrenaline
- Hold syringe with needle facing up: air will be in the syringe
- Flick syringe till air is at the top
- Inject the air out
- Inject out the adrenaline until correct dose remains in the syringe
- Stick needle straight down into upper outer thigh
- Inject dose into muscle

EPIPEN / EPIPEN JNR



- Flip open the yellow or green cap of the EpiPen.



- Remove the EpiPen by sliding it out of the carrier tube.



- With your other hand pull off the blue safety release.



- Hold the EpiPen forming a fist, orange tip pointing down.
- Hold orange tip near outer thigh.
- Swing and firmly push against outer thigh until it clicks so that the unit is perpendicular (90 degrees) angle to the thigh.
- NB. THE AUTO – INJECTOR IS DESIGNED TO WORK THROUGH CLOTHING.



- Hold the EpiPen firmly against the thigh for 10 seconds to deliver the drug.
- Remove the Pen from the thigh.
- The orange needle cover will extend to cover the needle